



Psychoanalytic Training Program

www.blantonpeale.org

2026 - 2027

Welcome Message

Dr. Marcelo Gomes, PhD
Dean of Education



Blanton-Peale Psychoanalytic Training Program has a long institutional history of training mental health professionals in New York City since the 1960s. Our training process is robust and contextual, incorporating the best practices for psychoanalytic praxis in contemporary reality. With solid experience and a clinical presence in the heart of the city, our program provides candidates with a comprehensive training experience.

At our institution, we are delighted to have a team of highly qualified faculty and training analysts who possess a wealth of knowledge and experience in the field of classical and contemporary psychoanalytic thought. We believe that our faculty members and training analysts are among the best in the field and are deeply committed to delivering the highest quality of training in clinical practice.

We provide a four-year program that qualifies graduates for licensure in New York State, integrated with a clinic that provides training experience and serves a diverse population of thousands of patients each month.

Navigating Training



Dr. Wilda Mesias, PhD
Director of Psychoanalytic Training

The Blanton-Peale Psychoanalytic Training Program offers rigorous and comprehensive training in psychoanalytic theory and clinical psychoanalytic practice. We foster an inclusive, collegial, and supportive atmosphere where our candidates receive an education that remains grounded in classical psychoanalytic theory while simultaneously affording exposure to all major psychoanalytic schools of thought.

Consistent with the core values of psychoanalytic training, each candidate follows our academic curriculum, receives clinical supervision, and experiences personal psychoanalysis. Our mission is to encourage and support the development of exceptional, caring, and ethical psychoanalysts.

About the Program

Blanton-Peale is training the next generation of mental health professionals for New York City. Its Psychoanalytic Training Program is a rigorous and unique program that leads to a certificate in psychoanalysis. Those who complete the program, if not already licensed, may sit for an exam to become a New York State licensed psychoanalyst.

Besides the classical psychoanalytic components, three major emphases are also offered: Contemporary Psychoanalytic Thought, Spirituality (broadly defined), Diversity, Inclusivity and Culture. The focus of the three emphases is to offer contextual learning experiences to analysts in training where they can connect psychoanalytic praxis with contemporary realities in the consultation room.

Blanton-Peale offers a multi-modal approach to psychoanalytic training that encompasses classical to contemporary perspectives. Blanton-Peale welcomes anyone with a master's degree who is interested in psychoanalytic training. Applicants to the program come from a broad range of backgrounds, including the traditional mental health disciplines of psychology, social work, and medicine, as well as religion, education, the arts, humanities, and law.

The Program, modeled on traditional psychoanalytic training, consists of three components:

Comprehensive course work, which can be completed in four years, clinical Experience under supervision, and the candidate's own experience of personal analysis.

Application Process

Entrance requirements:

- Graduation from an accredited academic institution with a master's degree or higher. (Applicants with master's degrees from outside the US should speak with the Director of Psychoanalytic Training for foreign degree equivalency evaluation instructions.)
- Demonstration of appropriate personal and professional background to undertake comprehensive and intensive training in psychoanalysis.
- Applicants whose first language is not English must demonstrate the ability to work in English in the nuanced, complex setting of psychoanalytic sessions. Scores from the Test of English as a Foreign Language (TOEFL) exam or equivalent may be requested.

Application Procedures:

1. Personal Statement
2. The completed application form
3. Official transcripts sent directly from all colleges, seminaries, and other graduate programs
4. A non-refundable application fee of \$75. Please make your check payable to Blanton-Peale Institute
5. A curriculum vitae or resume
6. Two letters of recommendation sent directly from persons who are familiar enough with you to be able to provide us with meaningful information about your preparation and appropriateness for psychoanalytic training at Blanton-Peale
7. A brief statement indicating specific occupational and financial resources that will support you during your psychoanalytic training at Blanton-Peale

International Students

Blanton-Peale Graduate Institute is registered with the U.S. State Department (e.g. SEVP or SEVIS) to assist international students with F-1 Visas.

**Detailed
application
information**



Training Tracks

The LP Track

This track prepares students to sit for the New York State License Exam in Psychoanalysis (LP) and includes the necessary clinical hours required for licensure.

The LCSW Track

The LCSW Track is designed for those who hold an LMSW license or an MSW degree with a New York State-issued Limited Permit, and want to become an LCSW. Since these residents may not practice independently, they will work with patients at the Blanton-Peale clinic under the supervision of an LCSW.

The Already-Licensed Track

The Already-Licensed Track is designed for those who are legally able to practice psychoanalysis within the jurisdiction where they will be completing their clinical experience. In New York State that includes licenses that contain psychoanalysis in the scope of practice (LP, LCSW, PhD or PsyD in Psychology, MD, NP, PA). Applicants from outside New York State should speak with the Director of Training to discuss considerations for the jurisdiction in which that applicant lives and/or will be practicing.

Clinical Hours

Blanton–Peale Psychoanalytic Training Program offers clinical placement opportunities in the heart of New York City.

Blanton–Peale Counseling Center is an outpatient mental health center providing therapy to people representing the full diversity of New York City. We're conveniently located in Midtown Manhattan, within walking distance of most subway and train lines. We provide affordable psychotherapy that is sensitive to patient's beliefs, values, and background.

Why is this important?

In order to obtain licensure in New York State, aspiring psychoanalysts are required to complete 1000 hours of clinical work as part of their training requirements. This hands-on experience is crucial for developing the necessary skills, knowledge, and expertise required for success in the field. Therefore, it is highly recommended to choose a program that offers clinical placement, as it is not just important, but essential for meeting both graduation and license requirements. Additional hours are required to have diagnostic privileges according to the new legislation released by New York State in June of 2024.





Program Structure

Analysis

Training analysis is required twice weekly for the basic program and a minimum of 3 times weekly for the advanced program.

Basic licensure-qualifying program: 300 clock hours.

Advanced Psychoanalytic Certificate: 450 hours.

Coursework

Coursework consists of 702 clock hours (39 courses of 18 clock hours each)

Supervision

- A minimum of 200 clock hours with a minimum of 2 different supervisors in the two different control cases:
 - At least 50 clock hours of supervision with one supervisor focused on one case
 - At least 100 clock hours with another supervisor focused on the second case
- At least 50 hours of supervision with one of the two previous control supervisors or a third supervisor
- Weekly group supervision from year 2 to year 4.

Other Requirements for LP and LCSW Tracks

Clinical Experience requires completion of at least 1000 face to face clock hours in the practice of psychoanalysis

Clinical experience under supervision begins once a candidate has been in attendance for one full year, has achieved a minimum of 50 sessions of personal psychoanalysis, and has completed at least 6 courses, including CCSa (Psychoanalytic Ethics) and CCSb (Introduction to Psychoanalytic Clinical Practice)

Phases and Evaluations

The program is structured into three distinct phases: foundational, intermediate, and advanced. Each phase aligns with a specific number of courses, personal analysis, clinical hours, and supervision. Upon completing each phase, the candidate must appear before a progress evaluation committee.



Faculty



Dr. Marcelo Gomes, PhD, LP

Practicing Psychoanalyst in NYC, he is the Director of Psychoanalytic Training Program at the Blanton-Peale Institute and clinical supervisor at Blanton-Peale Counseling Center. He holds a Doctorate in religion from Boston University and a PhD in psychotherapy sciences from Sigmund Freud University in Vienna, Austria. He is licensed in the states of New York, New Jersey and is a registered psychoanalytic psychotherapist in the United Kingdom. He is a psychoanalyst member of the American Psychoanalytic Association – an IPA component, Florida Psychoanalytic Center, Portuguese Association of Psychoanalysis and Psychoanalytic Psychotherapy, and a member of the British Association for Training and Psychotherapy.



Dr. Francisco Danielsen, PhD, FIPA

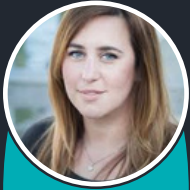
Received his doctorate in chemistry from the University of Puerto Rico, where he was Full Professor (tenured) of Chemistry and Associate Dean for Graduate Studies and Research. Dr. Danielsen holds a Postgraduate Certificate in Psychoanalysis from the National Psychological Association for Psychoanalysis, where he is Faculty and Supervisor. He also teaches courses on gender and sexuality in the Psychology and Religion Graduate program at Union Theological Seminary in New York City. A Clinical Member of the American Psychoanalytic Association, a Fellow of the International Psychoanalytic Association, and a member of the Editorial Board of The Psychoanalytic Review.



Dr. Omar Gelo, PhD

Omar C. G. Gelo is a licensed psychologist, psychodynamic psychotherapist, and Associate Professor of Dynamic Psychology at the University of Salento (Lecce, Italy). President of the Bachelor's and Master's Degree in Psychology at the University of Salento between 2014 and 2022, he is currently a member of the Doctoral Board in Human and Social Sciences at the same university since 2013 and of the Doctoral Board in Psychotherapy Science at the Sigmund Freud University Vienna since 2008 (which he chaired from 2008 to 2018). He is also a secretary of the national Conference of Academic Psychology (CPA) since 2020 and a member of the Regional Council of Psychologists of Puglia from 2020 to 2022 and since 2025.

Faculty



Devon Rizzo, LPC, LCADC

Devon Rizzo is a licensed psychotherapist and certified psychoanalyst based in Florham Park, New Jersey, where she maintains a private practice offering psychodynamic psychotherapy and classically-oriented psychoanalysis to individuals, couples, and families. She holds an Advanced Psychoanalytic Certification from Blanton-Peale Institute and advanced training in Psychoanalytic-Systems Couples Therapy through the Center for Psychotherapy and Psychoanalysis of New Jersey. She received her Master of Arts in Mental Health Counseling and Behavioral Medicine, with a specialization in Sport Psychology, from Boston University School of Medicine, and is licensed as a Professional Counselor in New Jersey, Pennsylvania, New York, and Florida.



Dr. Jessica Sommar, MSc, DMin, BCC, LP

University educated in the US and UK, Dr. Sommar began working as a journalist on Wall Street covering investment banking and white-collar crime. Her education in politics and economics felt thin after a decade on Wall Street and made entered an interfaith seminary, was ordained and left for CPE and psychodynamic clinical training and supervision. Dr. Sommar is Board Certified chaplain since 2016. After half a decade as a clinical chaplain manager and psychiatric attending chaplain for Yale New Haven Healthcare, she sought advance training and began psychoanalytic training with the Blanton-Peale Insitute in New York. She is a licensed Psychoanalyst in the state of New York.



Dr. Jason Childs, PhD

Jason Childs is a Lacanian psychoanalyst based in Dijon, France, working in private practice both locally and internationally. He began his career in academia, as a literary theorist, where he published work on the relationship between philosophy and literature, the connection between writing and thinking, and on the literary form of the essay. Most recently, he co-edited *The Cambridge History of the American Essay* and *The Cambridge History of the British Essay*. Dr Childs trained as a psychotherapist at Deakin University in Melbourne, and undertook his analytic formation via studies at the Centre for Freudian Analysis and Research and the Lacan Circle of Australia, as well as through several other international Lacanian organisations.

Faculty



Dr. Jennifer Harper, DMin, LP, NCPsyA

Chair of the Board of Trustees of the American Board for Accreditation in Psychoanalysis. She is also the Director of the Interfaith Doctor of Ministry Program at Hebrew Union College – Jewish Institute of Religion, where she teaches clinical education and pastoral care for clerical and non-clerical care providers. She has held a number of roles at the National Association for the Advancement of Psychoanalysis, including past President. She holds an M.Div. in Psychiatry and Religion from Union Theological Seminary, in addition to her Certificate in Psychoanalysis from the Westchester Institute for Training in Psychoanalysis and Psychotherapy. She maintains a private practice in psychoanalysis and psychotherapy with individuals and couples in NYC and Tenafly, NJ.



Dr. Wilda Mesias, PhD

Clinical psychologist and a psychoanalyst practicing in Morris County, NJ. Her practice consists of infants, children, adolescents, adults and couples. Dr. Mesias obtained a PhD in Clinical Psychology from Long Island University in 1995 and graduated as a psychoanalyst from The New Jersey Institute for Training in Psychoanalysis (NJI) in 1996. She also holds an MA in Forensic Psychology from the John Jay College of Criminal Justice and a certificate in group analytic psychotherapy from the Institute of Group Analysis, London, UK in conjunction with the School of Psychotherapy at St. Vincent's University Hospital in Dublin, Ireland. Dr. Mesias is fluent in Spanish and proficient in Italian and French. Her interests include transference and countertransference in character disorders, developmental psychoanalytic theory, Freudian-Lacanian theory and psychoanalysis and the arts.



Dr. Fernanda Sofio, PhD, SCP, NCPsyA

An active member of the APsA (American Psychoanalytic Association) and the IPA (International Psychoanalytical Association). She has authored several books on psychoanalysis. Dr. Sofio earned a Ph.D. in Psychology from the University of São Paulo and conducted postdoctoral research at Columbia and Princeton Universities. She has taught at several universities and psychoanalytic institutes, including the Brazilian Society of Psychoanalysis of São Paulo and the University of São Paulo.

Faculty



Isabel Ugarte da Silveira, FIPA

Internationally experienced psychoanalyst with a strong foundation in clinical practice and psychoanalytic training. Licensed psychologist in Brazil, with comprehensive psychoanalytic training from the Brazilian Psychoanalytic Society of São Paulo. Active member of the International Psychoanalytic Association (IPA) and the Brazilian Psychoanalytic Society of São Paulo, with leadership experience as former Vice President for Latin America with the International Psychoanalytic Studies Organization (IPSO). She is a practicing psychoanalyst in New Jersey.



Dr. Loray Daws, PhD

Psychoanalyst and a registered clinical psychologist in South Africa and British Columbia, Canada. He is currently in private practice and serves both as a senior faculty member at the International Masterson Institute and as faculty and board member at the Object Relations Institute in New York. Loray specializes in psychoanalysis and daseinsanalysis, and he is the writer and editor of 8 books on psychoanalysis and existential analysis.



Michael Monhart, MA, STM, LP

Psychoanalyst in private practice in New York, a faculty member at the Jungian Psychoanalytic Association and the Blanton-Peale Institute and an International Association for Analytical Psychology (IAAP) certified Jungian analyst. He is the author of "Into the Frog Swamp: Jungian Conceptions of the Unconscious in Practice" in *The Unconscious Refracted: Contemporary Psychoanalysis Struggles With Its Source Object* published in 2020 by Routledge.



Lucinda Antrim, LCSW, LP

A New York State licensed psychoanalyst and clinical social worker with experience working with adolescents, adults, couples, families and groups. After working in public administration, Lucinda completed a Masters in Social Work at Fordham University and psychoanalytic training at the Blanton-Peale Graduate Institute, with further training at the Object Relations Institute and the Eastern Group Psychotherapy Society.

Faculty



Dr. Suzanne Mallouk, MD

Suzanne Mallouk, M.D. is a psychiatrist and psychoanalyst. She has been in practice for over 20 years. She did her medical training at St. George University Medical School in Grenada, British West Indies from 1997 to 1999 and at Brooklyn Hospital in Fort Greene, Brooklyn, NY from 1999 to 2001. She did her residency in psychiatry at Beth Israel Medical Center in New York City from 2001 to 2005. She did her psychoanalytic training at the William Alanson White Institute from 2014 to 2018. She has taught and supervised psychiatry residents, social workers and others in mental health for over 15 years at Mount Sinai Morningside and at the William Alanson White Institute. She has worked in a variety of settings with a wide range of patients. She remains in private practice and she is the current Director of Psychiatry at Blanton Peale Institute, where she supervises psychiatrists and also sees patients.



Dr. Daniel Stokes, PhD

Dr. Daniel Stokes is a certified and licensed psychoanalyst who helps individuals understand and transform their psychological and relational struggles to live healthier and more meaningful lives. His doctoral degree is from the University of Rochester, and his post-doc is from the Blanton-Peale Institute of New York. Before becoming a therapist, Dr. Stokes worked within the creative practices of literary analysis and creative writing, always with his focus centered on helping people find and express their unique voices. His approach to therapy combines relational psychoanalysis and psycho-spiritual self-exploration. His breadth of experience working with people from all walks of life has taught him that those suffering from severe psychic distress and those who are on an existential search for meaning exist on a continuum and deserve the same kindness, empathy, and engagement.



Dr. KwangYu Lee

KwangYu Lee, Ph.D., C.P., is a psychoanalyst, scholar, and pastor whose work bridges depth psychology, religion, and cultural trauma. He earned his Ph.D. in Psychology and Religion from Drew University. Trained at the Blanton-Peale Psychoanalytic Program and certified as a psychoanalyst in New Jersey, he brings a deeply integrative approach to clinical and pastoral work. Dr. Lee's scholarship explores the intersections of psyche, spirituality, and culture, with particular attention to collective trauma, cultural complexes, ecopsychology, and the symbolic life of communities. He has presented nationally and internationally on topics ranging from trauma and religion to psychoanalytic interpretations of culture.

Faculty



Elaine Sedelnikova, LP

Psychodynamically trained Jungian psychoanalyst. Elaine's area of expertise includes preconceptual unconscious dynamics, therapeutic frame and boundaries, developmental stages, trauma, and attachment theory. She places special emphasis on transference-countertransference dynamics and insight into unconscious frameworks, such as core complexes and archetypal structures, while extensively employing dream analysis and a symbolic approach to patients' psyches. She is a licensed psychoanalyst in New York and a State Certified Psychoanalyst in New Jersey.



Blanton-Peale

Institute & Counseling Center

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